

Bridges and Building

Strengthening Foundations & Expanding Possibilities



Thursday
June 3, 2010

Fort MacArthur, San Pedro, CA

Sponsored by:

- ❖ VA Greater Los Angeles Healthcare System (GLAHS)

In Collaboration with:

- ❖ VA Geriatric Research, Education and Clinical Center (GRECC)
- ❖ VA Long Beach Healthcare System
- ❖ VA North Florida/South Georgia Healthcare System
- ❖ California State University, Northridge
- ❖ Cedars-Sinai Palliative Care Program
- ❖ Kaiser Permanente Hospice & Palliative Care
- ❖ Providence TrinityCare Hospice
- ❖ The Archstone Foundation
- ❖ VITAS Innovative Hospice Care

❖ **Conference Location:**
Fort MacArthur - Community Center
2400 Pacific Avenue
San Pedro, CA 90731

❖ **Conference Information:**
This is a one day conference sponsored by the VA Greater Los Angeles Healthcare System (GLAHS). The program includes: Continental breakfast, lunch, refreshments, and syllabus. **Refunds** requested by May 19, 2010 will be honored. **Space is limited; please register early.** For more information, contact: *Marcie Stahl, Conference Secretary, GRECC (11E), 16111 Plummer St., Sepulveda, CA 91343, (E-mail: Marcie.Stahl@va.gov)- Tel. (818) 895-9311*

▼ **Directions:**
Take any Fwy to 110 Harbor Fwy South (or from Long Beach, take Vincent Thomas Bridge) to Gaffey Street (end of Fwy). Go south on Gaffey Street to 22nd Street. Turn left on 22nd Street, go two blocks to Pacific Ave., turn right on Pacific Ave. The main gate is approximately 1½ blocks, on the left side.

▼ **Note:**
Fort MacArthur is an active military reservation. Conference participants must be on the guest list to be admitted onto the base and you may be asked to show I.D. and/or vehicle registration or proof of insurance. Car-pooling is encouraged. We recommend early arrival because parking is limited.

❖ **Hotel:**
A block of rooms has been reserved at The Double-Tree Hotel, San Pedro, (less than one block away) at a special conference rate of \$135 plus tax. This special rate will be available for reservations made by May 19, 2010. For reservations call: (310) 514-3344, Ext. 423 or 1-866-397-3376, identify yourselves as members of the "Veterans Affairs Group."

Accreditations:

► **CME:** The VA Greater Los Angeles Healthcare System is accredited by the Institute for Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians. The VA Greater Los Angeles Healthcare System takes responsibility for the content, quality and scientific integrity of this CME activity. The VA Greater Los Angeles Healthcare System designates this educational activity for a maximum of **6.5 AMA PRA Category 1 Credit(s)**[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity. This credit may also be applied to the *CMA Certification in Continuing Medical Education*.



❖ **Planning Committee:**
Co-Chairs:
Jennifer Grabot-Gomez, RN, MSN/ED, CHPN
VA Greater Los Angeles Healthcare System
Linda Gorman, MN, PMHCNS-BC, FPCN
Cedars-Sinai Palliative Care Program
VA Greater Los Angeles Healthcare System:
Elissa Brown, MSN, PMHCNS-BC
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Josea Kramer, PhD
Deborah Moran, MD
Marcie Stahl
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Martha Waite, MSW, LCSW
VA Long Beach Healthcare System:
San San Wong-Lee, MD
VA North Florida/South Georgia Healthcare System:
Jim Maudlin, M.Div.
California State University, Northridge:
Janis Lyons, MSW, LCSW
Kaiser Permanente Hospice and Palliative Care:
Sharon Bashor-Loomis, MSN, CHPN
Providence TrinityCare Hospice:
Sharon Moon, RN, CHPN
The Archstone Foundation:
Elyse Salend, MSW
VITAS Innovative Hospice Care:
Susie Fishenfeld, MSN, CHPN

ACKNOWLEDGEMENT

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THE ARCHSTONE FOUNDATION
and
Roze Room Hospice

Accreditations:

► **CEU: Social Work** Continuing Education Units provided by Veterans Affairs Greater Los Angeles Healthcare System, provider #PCE430. Course meets the qualifications for 7 hours of continuing education credit for MFCCs and/or LCSWs as required by the California Board of Behavioral Sciences.

► **CEU: Nursing** Continuing Education Units provided by the California Board of Registered Nurses, provider # 321. Course approved for 7 contact hours.

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❖ **Course Description:** This 18th annual Hospice & Palliative Care conference highlights strategies for bridging gaps in providing end of life care as the patient transitions from hospital to home or nursing home care. Providers facing the challenges of suffering and grief whether in the work place or while tending their patients will be provided with tools to cope with resilience as well as for accessing spiritual resources.

❖ **Objectives – At the completion of this conference, participants should be able to:**

- 1) Identify spiritual needs of patients at the end-of-life.
- 2) Manage palliative care across health care settings.
- 3) Describe effective communications with patients in palliative care, their families and caregivers.
- 4) Recognize and respond to patients' suffering.

❖ **Target Audience:** This course has been designed for an interprofessional audience of physicians (psychiatry, internal medicine, family practice), nurses, psychologists, social workers, dietitians, pharmacists, physician assistants, chaplains, rehabilitation therapists, nursing home administrators, other health care providers and volunteers.

7:30am	Registration
(continental breakfast)	
8:15 – 8:30am	WELCOME Thomas Yoshikawa, MD VA Greater Los Angeles Healthcare System
8:30 – 9:30am	/// KEYNOTE ///
Spirituality: Spanning Obstacles to Care Jim Maudlin, M.Div.	
9:30 - 9:45am	Networking Sessions
9:45 – 10:45am	/// KEYNOTE ///
How to Bridge Hospital Palliative Care to Home and Long Term Care Steven Z. Pantilat, MD	
10:45 – 11:00am	Networking Sessions
11:00 – 12:15pm	WORKSHOPS A
1A) Words Matter: Effective Communication about Goals of Care and Treatment Limitations	Kenneth E. Rosenfeld, MD
2A) Pain Management: Adults and Pediatrics	Glen I. Komatsu, MD
3A) Management of Heart Failure in the Palliative and Hospice Patient	Joy Goebel, RN, MN, PhD
4A) Palliative Care in the ICU	Steven Z. Pantilat, MD
5A) End-of-Life Nursing Education Consortium (ELNEC) for Veterans	Betty R. Ferrell, PhD, MS, FAAN, FPCN
12:15 – 1:30pm	Lunch
1:30 - 2:45pm	WORKSHOPS B
1B) Words Matter: Effective Communication about Goals of Care and Treatment Limitations	Kenneth E. Rosenfeld, MD
2B) Pain Management: Adults and Pediatrics	Glen I. Komatsu, MD
3B) Management of Heart Failure in the Palliative and Hospice Patient	Joy Goebel, RN, MN, PhD
4B) Between Two Worlds: Telehealth and Palliative Care	Jim Maudlin, M.Div. Jane A. Montgomery, RNC, CCM, MHA
5B) Grief in the Workplace	Pamela R. Wright, MSW, LCSW

2:45 - 3:00pm	Networking Sessions
3:00 – 4:15pm	/// SPECIAL PRESENTATION ///
The Nature of Suffering Betty R. Ferrell, PhD, MS, FAAN, FPCN	
4:15- 4:30pm	EVALUATIONS
❖ Faculty:	
Betty R. Ferrell, PhD, MA, FAAN, FPCN: Research Scientist, Dept. of Nursing Research and Education, City of Hope National Medical Center, Duarte, CA.	
Joy Goebel, RN, MN, PhD: Assistant Professor, School of Nursing, California State University, Long Beach; Standardization Project Director, Quality Improvement Resource Center, VA GLAHS, CA.	
Glen I. Komatsu, MD: Chief Medical Officer for Hospice and Palliative Services and Medical Director for Providence TrinityKids Care, Providence TrinityCare Hospice, Torrance, CA.	
Jim Maudlin, M.Div.: Chaplain, Advanced Illness/Palliative Care Program and Home Telehealth Program, North Florida/South Georgia Veterans Healthcare System, Jacksonville, FL.	
Jane A. Montgomery, RNC, CCM, MHA: Lead Care Coordinator, GLA Office of Care Coordination Home Telehealth, VA GLAHS, CA.	
Steven Z. Pantilat, MD: Director, Palliative Care Program, University of California at San Francisco (UCSF) Medical Center; Professor, Clinical Medicine, UCSF School of Medicine, CA.	
Kenneth E. Rosenfeld, MD: Staff physician; Section Chief, Palliative Care; Director, VA Interprofessional Fellowship Program in Palliative Care, VA GLAHS, CA.	
Pamela R. Wright, MSW, LCSW: Social Worker and Community Liaison, Community Education/Development, VITAS Innovative Hospice Care, San Gabriel Valley, CA.	
Thomas Yoshikawa, MD: Director, GRECC; Associate Chief of Staff, Geriatrics and Extended Care, VA GLAHS; Professor of Medicine, David Geffen School of Medicine at UCLA, CA.	
